



## The annual Eddie Willis Sprint Championships

The annual Eddie Willis Sprint Championships were held on the 8th & 10th of July at Hythe Pool. A packed spectator area saw 176 starts across the two days, over the four strokes. 130 new personal best times were recorded over the two days, that was around a 75% PB rate, which was an excellent achievement.

The additional training now available of 5 hours per week, with a further two hours available for older swimmers is really starting to show results.

A big thank you to all the volunteers that helped with the championships over the two days. Your support is much appreciated.

Eleven members of Hythe Aqua Swimschool also took part in the championships producing some excellent swims and with some Hythe Aqua Swimschool members winning age group medals – well done.

Medals will be presented to the following age groups: 8yrs & Under, 9/10yrs, 11/12yrs, 13/14yrs, 15/16yrs & Open.

